

CONGREGATION SHIR SHALOM SONOMA

EMERGENCY PREPAREDNESS

September 11, 2021

This presentation is based on discussions with our local Fire Chief, Police Chief, and most importantly, what was learned at a workshop that many Shir Shalom members attended over the summer of 2021.

The presenter was Inga Aksamit who was invited by Impact 100.

The presentation took place in Burlingame Hall.



Four Areas of Focus for This Morning

1. Important Reminders
2. Small **Go Bag** (e.g. backpack or duffle bag) stored by the front door that you can grab if you have no time to do anything else.
3. Larger **Disaster Kit** (e.g. tote box) with additional supplies for you, family members and pets.
4. **Grab 'n Go Checklist** (keep at bedside) with list of important, last minute items if you have 30-90 minutes to evacuate.

Start with **most important** and most immediate (quickest to do)

1. Prevent loss of life, injury, illness
 - Grab your Go Bag & lifesaving medications with you
 - Get out quickly
 - Check on neighbors
2. Prevent loss of most precious and valuable items
 - Photos, important documents, valuables
3. Think about the items that are the biggest “hassle” to replace
 - Driver’s license, passport, etc
4. Extra Clothing (a few days / a week) (don’t count on being able to purchase easily)

Go Bag - Evacuation Order (mandatory evacuation *NOW*)

- If you have 1 minute, grab your Go Bag (below) PLUS your wallet/purse, phone/charger, essential medications, glasses and laptop.
- YOUR GO BAG - Assemble or purchase pre-made kits with supplies to last 72 hours.
 - Clothing, sturdy shoes
 - Water & shelf-stable food
 - Water purification method
 - Emergency blanket
 - Flashlight/solar light
 - N-95 masks
 - AM/FM radio (battery operated)
 - Copies of important documents
 - Important phone numbers
 - Cash
 - Extra Grab glasses, additional medications

Disaster Kit (Tote Box)

- If you have 5 minutes, grab your Go Bag, wallet and Disaster Kit
- Assemble kits with supplies to last 3-7 days.
- Include personal items such as clothing, pet food, freeze-dried food.

- Freeze-dried meals/canned food
- Pet food
- Bleach/water purifier drops
- Water bottle
- Clothes/sturdy shoes
- Underwear/socks
- Hat
- N95 masks
- Towel
- Duct tape
- Toiletries / Baby Wipes / Paper towels
- Toilet paper roll
- Dishes/cups/cutlery
- Cooking pot
- Can opener
- Flashlights
- Batteries
- Radio
- Space blanket
- First aid kit
- Bottled water

Grab and Go Checklists

- If you have 30 minutes or more, grab your Go-Bag, Disaster Kit and gather items on your checklist (especially if Evacuation Warning is issued)
- Critical items listed first in red
- List in order by room in your house, working from bedroom to front door or garage
- Color code each room
- Consider whether survival gear is needed (earthquake)
- Think about where you're most likely to go if evacuated
 - Evacuation center? Second home? Relative's home? Hotel?

Example

- Keys
- Computers/Cell Phone/Chargers
- Wallet/Purse/Checkbook
- Glasses
- Medications
- Items in the safe
- Toiletries
- Suitcase
- Jacket
- Sturdy shoes
- Socks/underwear
- Shirts/pants
- Flashlight/lanterns/solar light
- Batteries and solar chargers
- Pet food
- Food, if appropriate
- Passports, more computers pet carrier
- Sleeping bags (or blankets or space blanket)
- Tents (or roll of plastic sheeting)

Car Kit

- First aid kit
 - Sturdy shoes
 - Pants
 - Jacket
 - Work gloves
 - Flashlight
 - Shovel
 - Duct tape
 - Hand warmers
 - Space blanket
 - Snacks
 - Bottled water
- During Red Flag Warnings/expected power outages, keep gas tank topped up

Before the Emergency - Insurance Prep

- Photo inventory

- Walk through house and take a video or photos of every room in your house, including inside of drawers, cabinets, closets, artwork, outbuildings
- No need to be obsessive about receipts but helpful for expensive items

Most Important Documents

- Get all documents backed up to the cloud (Google Drive, Microsoft OneDrive, Apple iCloud, DropBox)
- Scan documents or keep in safe deposit box
 - Drivers License, passport, insurance cards, deeds, etc
 - Will, trust, birth & marriage certificates, SS cards, insurance papers, medication info, most recent tax return
- Password management
 - Email password at a minimum
- Review and update your insurance coverage

Plan for power outages and lack of internet

- Flashlight/lantern
- AM/FM radio, battery powered, batteries*
- Generator or power wall
- Battery pack
- More???

*Note: If there's a power outage, you may lose internet if the internet provider is located in an area of a power outage, even if you don't lose power or have a generator.

Resources

- Sonoma County-Build Your Go Kit
- <https://socoemergency.org/get-ready/build-a-kit/>

- Halter Project-Animal Preparedness
- <https://www.halterproject.org/>

- Home Hardening
- <https://www.readyforwildfire.org/prepare-for-wildfire/get-ready/hardening-your-home/>

- Sonoma Valley Fire District
- <https://svfra.org/home.html>

Wildfire Monitoring Resources

- Nixle Alerts
 - Sign up for Nixle alerts. <https://local.nixle.com/register/>
- Twitter: In early minutes, Twitter is the best source of information
 - Inga's Wildfire List: <https://twitter.com/i/lists/1317110083449356288>
 - Once the fire is named, search for #NameOfFire
- Facebook
 - Sonoma County Firestorm Update Group.
<https://www.facebook.com/groups/586292148428439>
- PG&E Alerts
 - Sign up for PG&E Public Safety Power Shutoff (PSPS) alerts.
https://www.pge.com/en_US/residential/outages/public-safety-power-shutoff/psps-updates-and-alerts.page

What's Your Plan?

- Priorities
 - Go Bag
 - Disaster Kit
 - Home
 - Car
 - Grab 'n Go Checklist
- If you've done all that, start thinking about:
 - Photo/video inventory
 - Documents in cloud
 - More ????

A little preparation goes a **long way** (a lot of preparation goes further)

- What can you accomplish **today**, right here?
 - Start jotting down your notes down and figure out one thing you can do
- What can you commit to within a **day**?
 - Photo inventory
- What can you commit to within a **week**?
 - Start your Go Bag or purchase one
- Within a **month**?
 - Complete disaster kit for home and car
 - Scan documents
- Within a **season**?
 - Home hardening (ongoing)