

CONGREGATION SHIR SHALOM SONOMA

## EMERGENCY PREPAREDNESS

September 11, 2021

This presentation is based on discussions with our local Fire Chief, Police Chief, and most importantly, what was learned at a workshop that many Shir Shalom members attended over the summer of 2021.

The presenter was Inga Aksamit who was invited by Impact 100.

The presentation took place in Burlingame Hall.



# Four Areas of Focus for This Morning

1. Important Reminders
2. Small **Go Bag** (e.g. backpack or duffle bag) stored by the front door that you can grab if you have no time to do anything else.
3. Larger **Disaster Kit** (e.g. tote box) with additional supplies for you, family members and pets.
4. **Grab 'n Go Checklist** (keep at bedside) with list of important, last minute items if you have 30-90 minutes to evacuate.

Start with **most important** and most immediate (quickest to do)

1. Prevent loss of life, injury, illness
  - Grab your Go Bag & lifesaving medications with you
  - Get out quickly
  - Check on neighbors
2. Prevent loss of most precious and valuable items
  - Photos, important documents, valuables
3. Think about the items that are the biggest “hassle” to replace
  - Driver’s license, passport, etc
4. Extra Clothing (a few days / a week) (don’t count on being able to purchase easily)

# Go Bag - Evacuation Order (mandatory evacuation *NOW*)

- If you have 1 minute, grab your Go Bag (below) PLUS your wallet/purse, phone/charger, essential medications, glasses and laptop.
- YOUR GO BAG - Assemble or purchase pre-made kits with supplies to last 72 hours.
  - Clothing, sturdy shoes
  - Water & shelf-stable food
  - Water purification method
  - Emergency blanket
  - Flashlight/solar light
  - N-95 masks
  - AM/FM radio (battery operated)
  - Copies of important documents
  - Important phone numbers
  - Cash
  - Extra Grab glasses, additional medications

## Disaster Kit (Tote Box)

- If you have 5 minutes, grab your Go Bag, wallet and Disaster Kit
- Assemble kits with supplies to last 3-7 days.
- Include personal items such as clothing, pet food, freeze-dried food.

- Freeze-dried meals/canned food
- Pet food
- Bleach/water purifier drops
- Water bottle
- Clothes/sturdy shoes
- Underwear/socks
- Hat
- N95 masks
- Towel
- Duct tape
- Toiletries / Baby Wipes / Paper towels
- Toilet paper roll
- Dishes/cups/cutlery
- Cooking pot
- Can opener
- Flashlights
- Batteries
- Radio
- Space blanket
- First aid kit
- Bottled water

# Grab and Go Checklists

- If you have 30 minutes or more, grab your Go-Bag, Disaster Kit and gather items on your checklist (especially if Evacuation Warning is issued)
- Critical items listed first in red
- List in order by room in your house, working from bedroom to front door or garage
- Color code each room
- Consider whether survival gear is needed (earthquake)
- Think about where you're most likely to go if evacuated
  - Evacuation center? Second home? Relative's home? Hotel?

# Example

- Keys
- Computers/Cell Phone/Chargers
- Wallet/Purse/Checkbook
- Glasses
- Medications
- Items in the safe
- Toiletries
- Suitcase
- Jacket
- Sturdy shoes
- Socks/underwear
- Shirts/pants
- Flashlight/lanterns/solar light
- Batteries and solar chargers
- Pet food
- Food, if appropriate
- Passports, more computers pet carrier
- Sleeping bags (or blankets or space blanket)
- Tents (or roll of plastic sheeting)

# Car Kit

- First aid kit
  - Sturdy shoes
  - Pants
  - Jacket
  - Work gloves
  - Flashlight
  - Shovel
  - Duct tape
  - Hand warmers
  - Space blanket
  - Snacks
  - Bottled water
- During Red Flag Warnings/expected power outages, keep gas tank topped up

# Before the Emergency - Insurance Prep

- Photo inventory

- Walk through house and take a video or photos of every room in your house, including inside of drawers, cabinets, closets, artwork, outbuildings
- No need to be obsessive about receipts but helpful for expensive items

# Most Important Documents

- Get all documents backed up to the cloud (Google Drive, Microsoft OneDrive, Apple iCloud, DropBox)
- Scan documents or keep in safe deposit box
  - Drivers License, passport, insurance cards, deeds, etc
  - Will, trust, birth & marriage certificates, SS cards, insurance papers, medication info, most recent tax return
- Password management
  - Email password at a minimum
- Review and update your insurance coverage

# Plan for power outages and lack of internet

- Flashlight/lantern
- AM/FM radio, battery powered, batteries\*
- Generator or power wall
- Battery pack
- More???

\*Note: If there's a power outage, you may lose internet if the internet provider is located in an area of a power outage, even if you don't lose power or have a generator.

# Resources

- Sonoma County-Build Your Go Kit
- <https://socoemergency.org/get-ready/build-a-kit/>
  
- Halter Project-Animal Preparedness
- <https://www.halterproject.org/>
  
- Home Hardening
- <https://www.readyforwildfire.org/prepare-for-wildfire/get-ready/hardening-your-home/>
  
- Sonoma Valley Fire District
- <https://svfra.org/home.html>

# Wildfire Monitoring Resources

- Nixle Alerts
  - Sign up for Nixle alerts. <https://local.nixle.com/register/>
- Twitter: In early minutes, Twitter is the best source of information
  - Inga's Wildfire List: <https://twitter.com/i/lists/1317110083449356288>
  - Once the fire is named, search for #NameOfFire
- Facebook
  - Sonoma County Firestorm Update Group.  
<https://www.facebook.com/groups/586292148428439>
- PG&E Alerts
  - Sign up for PG&E Public Safety Power Shutoff (PSPS) alerts.  
[https://www.pge.com/en\\_US/residential/outages/public-safety-power-shutoff/psps-updates-and-alerts.page](https://www.pge.com/en_US/residential/outages/public-safety-power-shutoff/psps-updates-and-alerts.page)

# What's Your Plan?

- Priorities
  - Go Bag
  - Disaster Kit
    - Home
    - Car
  - Grab 'n Go Checklist
- If you've done all that, start thinking about:
  - Photo/video inventory
  - Documents in cloud
  - More ????

# A little preparation goes a **long way** (a lot of preparation goes further)

- What can you accomplish **today**, right here?
  - Start jotting down your notes down and figure out one thing you can do
- What can you commit to within a **day**?
  - Photo inventory
- What can you commit to within a **week**?
  - Start your Go Bag or purchase one
- Within a **month**?
  - Complete disaster kit for home and car
  - Scan documents
- Within a **season**?
  - Home hardening (ongoing)